

“The Rules of Writing Practice”*

- 1.Keep your hand moving
- 2.Lose control
- 3.Be specific
- 4.Don’t think
- 5.Don’t worry about punctuation,
spelling, grammar
- 6.You are free to write the worst junk
in America
- 7.Give it your all

Come back to this page often to remind you of how to think about and approach your writing.

*adapted from Natalie Goldberg’s *Wild Mind: Living the Writer’s Life* (1990)

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